# PALLIATIVE NURSING ACROSS THE SPECTRUM OF CARE READ ONLY

# **Palliative Nursing**

Palliative Nursing is an evidence-based practical guide fornurses working in areas of practice where general palliative careis provided. This may be in hospitals, nursing homes, dementiaunits, the community and any other clinical areas which are notclassified as specialist palliative care. This book first explores the history and ethos of palliativecare, and then looks at palliative nursing across various caresettings. It then looks at palliative nursing care for peoplewith specific illnesses, including heart failure, dementia, chronicobstructive pulmonary disease, cancer, and neurological conditions. Palliative care for children and young people is discussed, andthen the book finally looks at education and research in palliativenursing. Palliative Nursing will be essential readingfor all nurses working with palliative care patients in a nonspecialist role, i.e. in hospitals, primary care and nursing homes, as well as nursing students. SPECIAL FEATURES Explores the palliative nursing issues related to specific diseases groups Written in the context of the new national tools, i.e. the endof life initiative, preferred place of care, Liverpool care pathwayand Gold standards framework. Each chapter includes practice points and cases to allow the practitioner to undertake guided reflection to improve practice Written by nurses for nurses Provides guidance for nurses working in all four countries of the UK

#### **Palliative Care**

This title is directed primarily towards health care professionals outside of the United States. Palliative Care: The Nursing Role is an introductory text for nurses and other health care professionals who deliver palliative care across a range of settings. It lays a clear foundation of knowledge focusing on the needs and perspectives of patients and families who face the challenge of advanced, incurable illness. The style is highly accessible yet challenges readers to analyze key issues that present within palliative care. Covering the wide range of care provision in hospices, hospitals and patients' homes, the book draws widely from practice based examples to explain and expand upon theoretical issues. Research evidence underpins each of the chapters. Guided activities encourage readers to reflect, in a focused way, on their clinical experience and current practice. This new edition has been fully updated to reflect ongoing developments and shifting trends in palliative care education and practice. It will suit the needs of both pre and post-qualifying students seeking to develop their knowledge and is well suited to practitioners working within either generalist or specialist palliative care settings, or within acute or community settings as well as those studying a range of palliative care educational curricula. The authors have a wide range of experience in palliative care and all are actively engaged in practice and/or education. A clear, broad-based approach offers a thorough introduction for the non-specialist nurse. Written and edited by an experienced team of nurses working in this field, grounding it in current practice. Learning outcomes listed at the start of each chapter aid learning and comprehension. Reflective practice activities and an outline of CPD is especially useful for students working independently. Case histories, recommended reading lists, and references provide a solid evidence base for clinically based practice and facilitate further study. Thoroughly revised and updated to reflect changes in policy direction. A new chapter on pain and symptom management. Revised content reflects the recent shift in the evidence base concerning spirituality. Includes psychosocial issues of loss for the patient, their family, and careers.

**Palliative Care Nursing: Principles And Evidence For Practice** 

This textbook in palliative care nursing draws together the principles and evidence that underpins practice to support nurses working in specialist palliative care settings and those whose work involves end-of-life care.

#### **Communication in Palliative Nursing**

"The first edition of Communication in Palliative Nursing was published in 2012 and became the market leader for nurses wanting to learn more about how to improve and teach palliative care communication. For the last 8 years, it has remained the only text solely focused on the vital role of nurses in palliative care. During this time, the COMFORT model was taught to nurses nationwide who brought the curriculum back to their own institutions and taught components of the model to more than 10,000 healthcare providers across the United States (Wittenberg, Ferrell, Goldsmith, Ragan, & Buller, 2017). Numerous journal articles and research studies have been produced to highlight the principle components of the COMFORT model and test its effectiveness among healthcare audiences across a variety of clinical and educational settings. Through this all, as the model was disseminated to clinical audiences of bedside nurses, nurse leaders, nursing students, and interprofessional learners, feedback was captured about COMFORT. Comments revealed major components of the model that were working and weren't working for the nurses and other healthcare providers who utilized the strategies with patients and families, and began using curriculum tools for teaching and integrating palliative care communication instruction. So, much like the model's grounding in a transactional communication approach, which relies on the co-created interaction between parties, it was clear that the COMFORT model was also ebbing and flowing and had to change. More importantly, palliative care has been growing, changing, expanding, and becoming more sophisticated, more wide-spread! Now more than ever before, palliative care is provided in the home, clinic, or inpatient setting and serves patients who are seriously or chronically ill and their families. It became evident that in order to continue improvements to the model and to keep up with the changing landscape of palliative care and palliative patient populations, a new edition was necessary. Before we highlight the changes, it is never too early to overstate our steadfast commitment to the following principles: We believe that communication research and theory can shape palliative care practices, providing tools for a variety of contexts. We believe that palliative care, offering compassionate, holistic treatment for patients and their families, will not be possible without caring for the entire person (body and mind). We believe that communicating about palliative care must begin at diagnosis of serious illness, not just at end-stages. We believe in a patient-centered approach to communication that emphasizes the role of the family caregiver in the illness trajectory. We believe that intentional communication emphasizing team processes among physicians, nurses, social workers, chaplains, and other healthcare professionals improves palliative care practice. We believe that palliative care should be introduced early in the communication education of all health professionals. We believe that education about palliative care and communication must extend to patients and families who can then advocate for and partner more productively in such services. We believe that communication with the family caregiver is essential for the treatment of pain and symptom management. We believe that frequent conversations are needed across the disease/care trajectory, as patients and families encounter ongoing points of decisionmaking\"--

# **Fundamental Aspects of Palliative Care Nursing 2nd Edition**

This new and expanded edition is aimed directly at the learning needs of student nurses and is unique in that context. Whilst there are many high quality books available for academic study in palliative care this is currently the only one that balances a strong educational focus for developing nursing practice with an understanding of the particular needs of student nurses. The text maintains a sensitive and supportive approach to the key themes of palliative care nursing, but contains important new material of a wide range of initiatives that are impacting on end of life care across the UK. It will provide the reader with a concise, easy to read and learning oriented text that will give advice and direction to the many challenges faced in this most important area of patient care. Each chapter examines a key component of care and new features include: Learning outcomes at the start of each chapter to guide the reader Clinical anecdotes to illustrate the reality and complexity of practice Extensive use of recognisable symbols to guide the reader and improve the

usability of the text Competency assessment to help gauge knowledge and progress Reflective points to aid professional development Reflective activities to enable the student to reinforce learning from practice Links to appropriate clauses of the current 2008 NMC Code of Professional Conduct Quality internet resources relevant to chapter content Self assessment multiple choice tests at the end of each chapter to consolidate learning An extensive palliative care quiz covering the main topic areas of the book to test knowledge. This can be used as evidence with professional portfolios.

## **Palliative Nursing**

This title is directed primarily towards health care professionals outside of the United States. Content has been thoroughly revised and updated in line with changes in practice and policy both locally and internationally, particularly the UK NICE guidance on Supportive and palliative care for people with cancer and the Care of the Dying Pathway. It reflects the rapid development of palliative nursing as an emerging specialty. It helps in the process of defining palliative nursing and how it interfaces with other disciplines within the specialty. The text is divided into three sections and comprehensively, yet sensitively, covers all aspects of palliative nursing. Key themes covered include pain control, symptom control, loss and grief, and handling loss. A strong emphasis is placed on the integration of theory and practice and evidence based care. Reconciliation of the theory and practice is achieved by the use of case studies. It addresses malignant and non-malignant palliative care. Research and extensive literature support each chapter. Content has been thoroughly revised and updated in line with changes in practice and policy both locally and internationally, particularly the UK NICE guidance on Supportive and palliative care for people with cancer and the Care of the Dying Pathway . Three new chapters on: Sexuality. Care of the Dying Pathway . Changing roles of the nurse in palliative care . New appendix on North American drug names equivalents for the international market

## **Surgical Palliative Care**

Palliative care has become increasingly important across the spectrum of healthcare, and with it, the need for education and training of a broad range of medical practitioners not previously associated with this field of care. Part of the Integrating Palliative Care series, this volume on surgical palliative care guides readers through the core palliative skills and knowledge needed to deliver high value care for patients with life-limiting, critical, and terminal illness under surgical care. Chapters explore the historical, philosophical, and spiritual principles of surgical palliative care, and follow the progression of the seriously ill surgical patient's journey from the pre-operative encounter, to the invasive procedure, to the post-operative setting, and on to survivorship. An overview of the future of surgical palliative care education and research rounds out the text. Surgical Palliative Care is an ideal resource for surgeons, surgical nurses, intensivists, and other practitioners who wish to learn more about integrating palliative care into the surgical field.

# **Palliative Care Nursing**

Annotation Offering a blend of holistic and humanistic caring coupled with aggressive management of pain and symptoms associated with advanced disease, this resource is organized around 15 competencies in palliative care developed by the American Association of Colleges of Nursing, with each chapter outlining specific skills needed to achieve each competency.

# Palliative Care Nursing, Fourth Edition

Praise for the Third Edition: \"In this comprehensive textbook on palliative care nursing, editors Marianne Matzo and Deborah Witt Sherman succeed in bringing together the heart of nursing and the true meaning of palliative care with the most current evidence based practice.\" --GeriPal This fourth edition of a comprehensive text/reference that has been valued by students, educators, and practicing nurses for many years, Palliative Care Nursing continues to reflect the fundamental hospice and palliative care nursing

competencies---both basic and advanced--that are essential for effective and empathetic care of patients and families. This new edition reflects the tremendous growth of this vital discipline into the mainstream of health care and focuses on palliative care that is responsive to the demand for health care reform in America and globally. It provides the knowledge, scientific evidence, and skills needed by nurses to address the complex physical, emotional, social, sexual, and spiritual needs of patients and families within the context of a changing health care delivery system. With a focus on inter-professional collaboration, the book emphasizes the value of complementary, holistic models in promoting health and wholeness across the illness trajectory, even as death approaches. The book is edited by Project on Death in America Faculty Scholars, who have worked to develop, implement, and evaluate nursing initiatives in palliative care in the U.S. and internationally. With a focus on both quality of life and economic imperatives, interdisciplinary authors describe the management of specific diseases and related physical and psychological symptoms, and care of patients during the dying process. They cover assessment of key symptoms and pharmacological, nonpharmacological, and complementary interventions. Taking a life-span approach, the book includes ageappropriate nursing considerations. Key points at the beginning of each chapter and callouts containing evidenced-based information highlight best practices. The text also examines relevant legal, ethical, and cultural considerations and offers case studies with conclusions in each clinical chapter. New to the Fourth Edition: Thoroughly revised and expanded Three new chapters addressing palliative care amidst health care reform, rehabilitation in chronic or serious illness, and post-traumatic stress disorder A conceptual framework table in each chapter identifying the National Quality Forum Domains of Palliative Care and Basic and Advanced Palliative Care and Hospice Nursing Competencies Updated evidence-based callouts that review the highest-quality studies

# **Palliative Care Nursing**

Palliative Care Nursing: Caring for Suffering Patients explores the concept of suffering as it relates to nursing practice. This text helps practicing nurses and students define and recognize various aspects of suffering across the life span and within various patient populations while providing guidance in alleviating suffering. In addition, it examines spiritual and ethical perspectives on suffering and discusses how witnessing suffering impacts nurses' ability to assume the professional role. Further, the authors discuss ways nurses as witnesses to suffering can optimize their own coping skills and facilitate personal growth. Rich in case studies, pictures, and reflections on nursing practice and life experiences, Palliative Care Nursing: Caring for Suffering Patients delves into key topics such as how to identify when a patient is suffering, whether they are coping, sources of coping facades, what to do to ease suffering, and how to convey the extent of suffering to members of the healthcare team.

# Adult Palliative Care for Nursing, Health and Social Care

John Costello and a team of palliative care specialists take a patient-centred approach to discussing palliative and end of life care across a range of diseases and illnesses.

# Palliative Care Nursing: Principles and Evidence for Practice

What can nurses do to support those receiving palliative care? How do you ensure clear communication and maintain patients' and families' preferences? Palliative Care Nursing is essential reading for nursing students, professional nurses and other health and social care professionals providing supportive and palliative care to those with advanced illness or who are towards the end of life. This third edition of the acclaimed textbook has been extensively revised and examines important research studies, key debates around care and strategies to advance palliative care nursing. In four sections, the book covers key elements of nursing practice towards the end of life: • Defining the palliative care patient • Providing palliative nursing care • Caring around the time of death • Challenging issues in palliative care nursing Leading authors address contemporary issues and explore how to provide high quality person-centred palliative care, encouraging application to practice through exercises and case studies. Chapters completely reworked or new for this edition include those on

communication, living with uncertainty, bereavement care, the costs of caring, nurses' decision-making and capacity, and palliative care worldwide. The clarity of evidence presented and coverage of a diverse range of topics make this the foundational textbook for all studying palliative care at pre-registration level, postgraduate level or as part of CPD study. With a foreword by last edition editor, Professor Sheila Payne, Lancaster University, UK. 'I welcome this third edition of Palliative Care Nursing and congratulations to the new team who have provided us with a dynamic and innovative development of a core text for palliative nursing practice. As the largest workforce in palliative care, and given the changing face of clinical practice for nurses, including increased educational opportunity and expanding roles and responsibilities, this book is timely in its focus on critical issues which frame and scope the reality of palliative care and the nursing contribution to that discipline. The learning exercises, in particular, offer tools for educators and clinicians to reflect on practice and understand new ways of knowing in palliative care. It will be an excellent resource for nursing, both in the UK and Ireland and to the wider international audience, having drawn on the breadth of global nursing expertise to bring this book together'. Philip Larkin, Professor of Clinical Nursing (Palliative Care), University College Dublin and Our Lady's Hospice and Care Services, Dublin, Ireland; President, European Association for Palliative Care 'This is a book of substance that captures the current status of palliative nursing, including the values and research evidence that underpin it. The changing nature of palliative nursing as an evidence-based specialism is balanced with practical skills and insights from experts, and also considers the needs of those working with, or concerned about, the dying person's well-being. It covers a range of challenging issues as well as drawing on the wisdom of those who actually undertake this work on a daily basis. I hope that students and practitioners from all disciplines will find this a useful resource to understand the art and craft of good palliative nursing'. Professor Daniel Kelly, Fellow of the Royal College of Nursing and Royal College of Nursing Chair of Nursing Research, Cardiff University, UK

## **Key Concepts in Palliative Care**

Do you need a succinct introduction to the key theories and principles of palliative care and their application to practice? Key Concepts in Palliative Care provides just this in a compact, fifty-concept guide to the field. Taking account of the government?s \"End of Life Care Strategy\

# Palliative and End of Life Care in Nursing

With the number of people requiring palliative and end of life care steadily increasing, it is the responsibility of every nurse, regardless of specialism, to know how to provide high quality care to this group of people. Yet caring for those nearing the end of life can throw up complex issues, including handling bereavement, cultural and ethical issues, delivering care in a wide variety of settings, symptom management and also ensuring your own emotional resilience. This book is specifically designed to equip nursing students and non-specialists with the essential knowledge in relation to the care and management of people nearing the end of life.

# **Textbook of Palliative Nursing**

Incorporating principles of palliative care throughout the course of a chronic progressive incurable disease rather than only at the end of life, this book covers the world of palliative care nursing across all settings.

# **Social Aspects of Care**

Palliative care is an essential element of our health care system and is becoming increasingly significant amidst an aging society and organizations struggling to provide both compassionate and cost-effective care. Palliative care is also characterized by a strong interdisciplinary approach, and nurses are at the center of the palliative care team across settings and populations. The sixth volume in the HPNA Palliative Nursing Manuals series, Social Aspects of Care provides an overview of the financial and mental stress illness places, not just on the patient, but on the family as well. This volume contains information on how to support

families in palliative care, cultural considerations important in end-of-life care, sexuality and the impact of illness, planning for the actual death, and bereavement. The content of the concise, clinically focused volumes in the HPNA Palliative Nursing Manuals series is one resource for nurses preparing for specialty certification exams and provides a quick-reference in daily practice.

# Oxford Textbook of Palliative Nursing

The Oxford Textbook of Palliative Nursing remains the most comprehensive treatise on the art and science of palliative care nursing available. Dr. Betty Rolling Ferrell and Dr. Judith A. Paice have invited 162 nursing experts to contribute 76 chapters addressing the physical, psychological, social, and spiritual needs pertinent to the successful palliative care team. Organized within 7 Sections, this new edition covers the gamut of principles of care: from the time of initial diagnosis of a serious illness to the end of a patient's life and beyond. This fifth edition features several new chapters, including chapters on advance care planning, organ donation, self-care, global palliative care, and the ethos of palliative nursing. Each chapter is rich with tables and figures, case examples for improved learning, and a strong evidence-based practice to support the highest quality of care. The book offers a valuable and practical resource for students and clinicians across all settings of care. The content is relevant for specialty hospice agencies and palliative care programs, as well as generalist knowledge for schools of nursing, oncology, critical care, and pediatric. Developed with the intention of emphasizing the need to extend palliative care beyond the specialty to be integrated in all settings and by all clinicians caring for the seriously ill, this new edition will continue to serve as the cornerstone of palliative care education.

## **Advanced Practice Palliative Nursing**

Advanced Practice Palliative Nursing is the first text devoted to advanced practice nursing care of the seriously ill and dying. This comprehensive work addresses all aspects of palliative care including physical, psychological, social, and spiritual needs. Chapters include: symptoms common in serious illness, pediatric palliative care, spiritual and existential issues, issues around the role and function of the advanced practice nurse (APN), reimbursement, and nursing leadership on palliative care teams. Each chapter contains case examples and a strong evidence base to support the highest quality of care. The text is written by leaders in the field and includes authors who have pioneered the role of the advanced practice nurse in palliative care. This volume offers advanced practice content and practical resources for clinical practice across all settings of care and encompassing all ages, from pediatrics to geriatrics.

## **Palliative Care Nursing**

"This 5th edition is an important achievement; it is a symbol of commitment to the field of palliative nursing, where we have been and where we are going." - Betty Rolling Ferrell, PhD, MA, FAAN, FPCN, CHPN From the Foreword The aging population has only grown since the first edition of this comprehensive and seminal publication nearly 20 years ago. Based on the need to humanize rather than medicalize the illness experience for patients, this text delves into palliative care beyond the specific diseases affecting the patient. Instead, content focuses on the whole person and family. Palliative patients struggle with chronic, debilitating, and painful conditions, and grapple with the fact that life as they knew it has already passed away. Families and friends reciprocally suffer, not knowing how to help and therefore become the secondary victims of the disease. This is not the challenge of a lone nurse, or a single physician, therapist, or social worker. Rather, palliative and hospice care requires the expertise and unique roles of an interprofessional team to help the patient and family strengthen their resilience, continue to find meaning and purpose in life, and cure what can be cured. Palliative Care Nursing, Fifth Edition, delivers advanced empirical, aesthetic, ethical and personal knowledge. This new edition brings an increased focus on outcomes, benchmarking progress, and goals of care. It expounds upon the importance of the cross-disciplinary collaboration introduced in the previous edition. Every chapter in Sections I, II, and III includes content written by a nonnursing member of the interprofessional team. Based on best-evidence and clinical practice guidelines, this

text presents comprehensive, targeted interventions responsive to the needs of palliative and hospice patients and family. Each chapter contains compassionate, timely, appropriate, and cost-effective care for diverse populations across the illness trajectory. Key Features The expanded new edition offers current, comprehensive, one-stop source of highly-relevant clinical information on palliative care Life-span approach: age-appropriate nursing considerations (e.g. geriatric, pediatric and family) Includes disease-specific and symptom-specific nursing management chapters Promotes a holistic and interdisciplinary approach to palliative care Offers important legal, ethical and cultural considerations related to death and dying Case Studies with Case Study Conclusion in each clinical chapter New to The Fifth Edition: An expanded chapter on Palliative Care incorporates most up to date scope and standards, information on Basic and Advanced HPNA certification, self-reflection and self-care for nurses. A chapter on Interprofessional Collaboration Instructor Resources: Power points and Test bank

# **Palliative Care Nursing**

Written by experienced authorities from around the world giving a wider international perspective on palliative nursing, this substantially expanded new edition has been specifically adapted to reflect working practices within the NHS. All nurses especially those that are new to palliative care, and those working in other areas of health where palliative skills are required, will find this essential reading.

#### **Evidence-Based Palliative Care**

This book describes the current state of the art in the field of palliative care in children and adults. Special emphasis is placed on addressing the efficacy and effectiveness of palliative care models, pain and symptom management, and on measuring quality of life. In addition the book evaluates current research methods in palliative care and suggests suitable alternatives. Finally the book bridges the gap between science and practice by providing the reader with the current evidence and how it can be applied in the practice setting.

# **Advance Care Planning in End of Life Care**

This is the first UK-based guide to Advance Care Planning, and provides practical advice on how this can be implemented by all professionals involved in end of life care, including GPs and specialists outside palliative care who are increasingly treating patients at the end of life.

# **Pediatric Oncology Nursing**

This book presents the current state of the nursing science in topics relevant to the care of pediatric oncology patients and their families across the treatment trajectory and is framed within a precision health framework. The spectrum of topics covered is wide, including, for example, symptom management, self-care management, exercise and physical activity, family-centered care, palliative care, the role of the nurse in treatment decision making, patient and nurse resiliency, survivorship, and genetic counseling. Throughout, there is a focus on the implications of research for nursing practice, highlighting which elements of the available evidence are ready for translation into practice and which are not. In addition, careful attention is paid to the role that nursing can play in further advancing science through clinical research. The authors are leading experts from across the globe. The book will be of special interest for pediatric oncology nurses, including direct care nurses, research nurses, and nursing leaders, and will also be a stimulating source for researchers and non-oncology nurses.

#### Oxford Textbook of Palliative Medicine

Emphasising the multi-disciplinary nature of palliative care, the fourth edition of this text also looks at the individual professional roles that contribute to the best-quality palliative care.

# **Palliative Care Nursing**

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## **Palliative Care Nursing**

What can nurses do to support those receiving palliative care? How do you ensure clear communication and maintain patients' and families' preferences? Palliative Care Nursing is essential reading for nursing students, professional nurses and other health and social care professionals providing supportive and palliative care to those with advanced illness or who are towards the end of life. This third edition of the acclaimed textbook has been extensively revised and examines important research studies, key debates around care and strategies to advance palliative care nursing. In four sections, the book covers key elements of nursing practice towards the end of life: . Defining the palliative care patient . Providing palliative nursing care . Caring around the time of death. Challenging issues in palliative care nursing Leading authors address contemporary issues and explore how to provide high quality person-centred palliative care, encouraging application to practice through exercises and case studies. Chapters completely reworked or new for this edition include those on communication, living with uncertainty, bereavement care, the costs of caring, nurses' decision-making and capacity, and palliative care worldwide. The clarity of evidence presented and coverage of a diverse range of topics make this the foundational textbook for all studying palliative care at pre-registration level, postgraduate level or as part of CPD study. With a foreword by last edition editor, Professor Sheila Payne, Lancaster University, UK. 'I welcome this third edition of Palliative Care Nursing and congratulations to the new team who have provided us with a dynamic and innovative development of a core text for palliative nursing practice. As the largest workforce in palliative care, and given the changing face of clinical practice for nurses, including increased educational opportunity and expanding roles and responsibilities, this book is timely in its focus on critical issues which frame and scope the reality of palliative care and the nursing contribution to that discipline. The learning exercises, in particular, offer tools for educators and clinicians to reflect on practice and understand new ways of knowing in palliative care. It will be an excellent resource for nursing, both in the UK and Ireland and to the wider international audience, having drawn on the breadth of global nursing expertise to bring this book together '. Philip Larkin, Professor of Clinical Nursing (Palliative Care), University College Dublin and Our Lady's Hospice and Care Services, Dublin, Ireland; President, European Association for Palliative Care 'This is a book of substance that captures the current status of palliative nursing, including the values and research evidence that underpin it. The changing nature of palliative nursing as an evidence-based specialism is balanced with practical skills and insights from experts, and also considers the needs of those working with, or concerned about, the dying person's well-being. It covers a range of challenging issues as well as drawing on the wisdom of those who actually undertake this work on a daily basis. I hope that students and practitioners from all disciplines will find this a useful resource to understand the art and craft of good palliative nursing '. Professor Daniel Kelly, Fellow of the Royal College of Nursing and Royal College of Nursing Chair of Nursing Research, Cardiff University, UK 'This is a new edition of the textbook formerly edited by Sheila Payne et al. Wh

#### Oxford Textbook of Palliative Medicine

The definitive Oxford Textbook of Palliative Medicine, now in its fifth edition, has again been thoroughly updated to offer a truly global perspective in this field of extraordinary talent and thoughtfulness. Updated to include new sections devoted to assessment tools, care of patients with cancer, and the management of issues in the very young and the very old, this leading textbook covers all the new and emerging topics since its original publication in 1993. In addition, the multi-disciplinary nature of palliative care is emphasized throughout the book, covering areas from ethical and communication issues, the treatment of symptoms and the management of pain. This fifth edition of the Oxford Textbook of Palliative Medicine is dedicated to the memory of Professor Geoffrey Hanks, pioneer in the field of palliative medicine, and co-editor of the previous four editions. Winner in the Medicine category of the British Medical Association Book Awards, this is a truly comprehensive text, no hospital, hospice, palliative care service, or medical library should be

without this essential source of information.

# **Palliative Care Nursing as Mindfulness**

As nurses, we hear about mindfulness all the time, but what does that actually mean in practice? In this book readers are invited into conversation to explore how mindfulness influences palliative care nurses' approaches to caring for themselves and others through experiences of living-dying. Under the guise of stress reduction and self-care, the assumption often made is that mindfulness can smooth out difficult experiences. Instead, the objective of this inquiry is not to bypass the practice of caring in those spaces that are really hard, but to understand how nurses are working directly within them. Calling out from the shadows—and our bodies—the intensity of palliative care nursing practice arises. In this text, a dialogue unfolds of nurses caring in deeply meaningful practice environments while searching for ground that is perpetually shifting, uncertain, and fraught with suffering and strong emotion. Integrating literature across nursing, sociology, and contemplative scholarship, evocative stories from palliative care nurses lead in this conversation—their words in italics—showing how they are guided into action through connection with-in their bodies. At other times, stories show how nurses are taking pause and drawing on various somatic practices to unravel entanglements that touch on their own humanity. These stories also offer insight into how systemic forces, across educational and organizational institutions, are either enhancing or constraining the way nurses engage mindfulness as a relationally embodied ethic of care. This insightful volume is not a how-to guide, rather it is a timely resource exploring approaches for palliative care nurses to care for themselves and others with mindfulness and compassion. Those seeking nuanced perspectives, particularly in relation to embodying mindfulness through suffering and strong emotion, will be drawn to this text. Qualitative researchers studying emotionally sensitive topics may also find inspiration in the narrative, arts-based, and embodied methods that shape this inquiry.

## **Pioneering Theories in Nursing**

Pioneering Theories in Nursing traces the origins of nursing theories through their founders. Unlike other nursing theory texts, this book provides the personal story on some of the greatest nursing leaders, clinicians and theorists to date so the reader can understand the context within which the nursing pioneer developed their theory. It will attempt to explain the theories and practice of nursing and provide food for thought for students and practitioners, encouraging reflective thinking. Each section begins with an overview of the chapters and identifies common themes. Designed to be highly user-friendly, each chapter follows a standard structure with a short biography, a summary on their special interests and an outline of their writings before each theory is examined in detail. The chapter then looks at instances of how this theory has been put into practice and what influence this process has had on the wider nursing community. Further links to other theorists are provided as well as key dates in the life of the theorists and a brief profile.

#### **Palliative Care and Nursing**

The field of healthcare concerned with the care of people to help them recover, achieve and maintain optimal health and quality of life is called nursing. A nurse is skilled in assisting patients in performing activities of daily living. The sub-field of nursing dealing with the care of people suffering from life-limiting illnesses is known as palliative care. It is considered effective in providing comfort as it aids in reducing the pain and stress for the patient and the family. The goal of such care is to treat pain and other distressing symptoms, provide relief from suffering and a support system to assist the patient in living as actively as possible. This book elucidates the concepts and innovative models around prospective developments with respect to palliative care. Also included herein is a detailed explanation of the various concepts and applications of palliative nursing. For all those who are interested in this field, this book can prove to be an essential guide.

#### **Caring vs Curing**

In this volume the personal journey of why a nurse chose to leave Acute Care nursing to be involved in Palliative Care nursing connect with a broader culture of Palliative Care nursing by interviewing those who chose palliative care nursing and examine the reasons for changes in careers from acute, curing based, nursing to Palliative Caring for those in end of life nursing. The longest section of the study travels the world of Palliative nursing with participant observers. It is about the actively working nurse and includes extensive analytical discussion of an attempt to understand the sense of professional change, and the significance of beliefs for the reasoning behind vocational transformation. The second section examines the interviews, the third addresses the heart of the research question and examines nursing moving from a curing model to a caring only approach when death of the patient is inevitable. The volume ends with a letter written by the author to her sons asking them to be there when her time comes at the end of life through a life limiting illness and requests her sons and the Palliative Care professionals observe her final wishes.

#### **Structure and Processes of Care**

\"HBNA, Hospice & Palliative Nurses Association, advancing expert care in serious illness.\"

## Oxford Textbook of Palliative Nursing

The Oxford Textbook of Palliative Nursing remains the most comprehensive treatise on the art and science of palliative care nursing available. Dr. Betty Rolling Ferrell and Dr. Judith A. Paice have invited 162 nursing experts to contribute 76 chapters addressing the physical, psychological, social, and spiritual needs pertinent to the successful palliative care team. Organized within 7 Sections, this new edition covers the gamut of principles of care: from the time of initial diagnosis of a serious illness to the end of a patient's life and beyond. This fifth edition features several new chapters, including chapters on advance care planning, organ donation, self-care, global palliative care, and the ethos of palliative nursing. Each chapter is rich with tables and figures, case examples for improved learning, and a strong evidence-based practice to support the highest quality of care. The book offers a valuable and practical resource for students and clinicians across all settings of care. The content is relevant for specialty hospice agencies and palliative care programs, as well as generalist knowledge for schools of nursing, oncology, critical care, and pediatric. Developed with the intention of emphasizing the need to extend palliative care beyond the specialty to be integrated in all settings and by all clinicians caring for the seriously ill, this new edition will continue to serve as the cornerstone of palliative care education.

# **Care of the Imminently Dying**

Palliative care is an essential element of our health care system and is becoming increasingly significant amidst an aging society and organizations struggling to provide both compassionate and cost-effective care. Palliative care is also characterized by a string interdisciplinary approach. Nurses are at the center of the palliative care team across settings and populations. The seventh volume in the HPNA Palliative Nursing Manuals series, Care of the Imminently Dying provides an overview of symptom management when a patient is reaching the end of their life. This volume covers delirium and the advantages of early diagnosis, determining the presence of dyspnea, death rattle, or cough, urgent syndromes that may appear the end of life, palliative sedation, and the withdrawal of life-sustaining therapies. The content of the concise, clinically focused volumes in the HPNA Palliative Nursing Manuals series is one resource for nurses preparing for specialty certification exams and provides a quick-reference in daily practice.

# **Advanced Practice Palliative Nursing 2nd Edition**

\"As the largest segment of health care providers, nurses have a prominent role in the front line of care. Nurses spend the most time with patients and families. This proximity allows for: comprehensive assessment of the person and family to facilitate personalized care; implementation and evaluation of the treatment plan; and care coordination. Nurses are uniquely positioned in healthcare to observe family interactions, support a

patient's coping and listen to a patient's most inner thoughts and concerns across many situations. APRNs are one of the fastest growing segments of nursing and health care and will continue to have an ever-growing influence on accessibility and quality of health care\"--

#### **Palliative Care**

Palliative Care is the first book to provide a comprehensive understanding of the new field that is transforming the way Americans deal with serious illness. Diane E. Meier, M.D., one of the field's leaders and a recipient of a MacArthur Foundation \"genius award\" in 2009, opens the volume with a sweeping overview of the field. In her essay, Dr. Meier examines the roots of palliative care, explores the key legal and ethical issues, discusses the development of palliative care, and presents ideas on policies that can improve access to palliative care. Dr. Meier's essay is followed by reprints of twenty-five of the most important articles in the field. They range from classic pieces by some of the field's pioneers, such as Eric Cassel, Balfour Mount, and Elizabeth Kübler-Ross, to influential newer articles on topics such as caregiving and cost savings of palliative care. The reprints cover a wide range of topics including: Why the care of the seriously ill is so important Efforts to cope with advanced illness Legal and ethical issues Pain management Cross-cultural issues Philosophical perspective The demand for palliative care has been nothing short of stunning—largely because of palliative care's positive impact on both the quality and the cost of care provided to seriously ill individuals. By providing a wide-ranging perspective on this growing field, this book will serve as a guide for developing meaningful approaches that will lead to better health care for all Americans.

## **Palliative Care Nursing at a Glance**

Palliative Care Nursing at a Glance is the perfect companion for nursing students, health and social care practitioners, and all those involved in palliative care delivery, both in the clinical and home setting. Written by an expert team of academics, nurses, educators and researchers it provides a concise and easy-to-read overview of all the concepts and clinical decision-making skills necessary for the provision of good-quality palliative and end-of-life care. Divided into six sections, the book includes coverage of all key clinical applications, principles of symptom management, palliative care approaches for a range of conditions and patient groups, exploration of the roles of the multi-professional team, as well as ethical challenges. Superbly illustrated, with full colour illustrations throughout Provides information on delivery of care in a range of settings Broad coverage makes it ideal reading for anyone involved in palliative care delivery User-friendly and accessible resource for those working in both specialist and non-specialist adult settings

#### **Nurse to Nurse Palliative Care**

Palliative care as only a nurse can teach it Includes full-text PDA download! In this highly useful book, Campbell shared with you everything you must know about providing the best possible care to end-of-life patients and their families. Vignettes, clinical pearls, and nursing alerts help you to understand: The nurse's role in providing care to dying patients Special approaches to talking with patients and their families Patient and family needs Withdrawal of life-sustaining devices Nurse's grief

#### **Nurse to Nurse Palliative Care**

A unique \"mentor in a pocket\" handbook covering the most emotionally-trying experience nurses face From a world recognized expert on care for the dying, comes the first pocket-sized reference for generalist nurses on palliative care. This handy, portable reference assists nursing in dealing with one of the most emotionally trying situations they face in clinical practice. Part of McGraw-Hill's Nurse to Nurse series, this title includes PDA download of the entire text, vignettes, nursing alerts that provide just-in-time information on complex or particularly important aspects of patient care, and clinical pearls which provide the benefit of other nurses' valuable experience in dealing with end-of-life care. Coated flex-binding repels stains. The new Nurse to

Nurse series is specifically designed to simulate the teaching experience nurses learn best from: trusted mentors carefully explaining what they must do in specific clinical situtions. Written in a consistent, single-author voice, this series brings the wisdom and experience of some of the foremost experts to non-specialist nurses in clinical care.

# **Community Palliative Care**

Community Palliative Care examines the complex support andinformation needs of seriously ill patients and their families andwill encompass not only the patient's journey, but that ofthe family during the illness trajectory and into the bereavementperiod. The text is divided into three sections- professionals, patients and carers. The first section discusses the roles and contributionsmade by other members of the primary health care team and examinesthe role of the nurse. Section two explores the psychosocial support needed by patients receiving palliative care, and looks atthe community palliative care clinical nurse specialists'role in relation to psychological, as well as practical problems surrounding a life threatening illness. The final section will lookat the needs of the family and carers and the support that the community palliative care clinical nurse specialist can offer to the individuals. Included in this segment will be the complexissues faced by carers in relation to the changing roles within the family, children, death and bereavement.

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